

# RULER

## $\star$ Instructions for $\star$

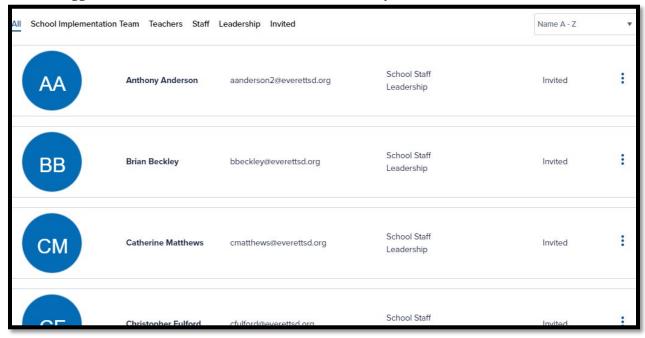
Adding Staff Member's to Your School's RULER Dashboard Accessing RULER Staff Training Modules Logistics for Clock Hours & Funding

#### Adding Staff Members to Your School's RULER Dashboard

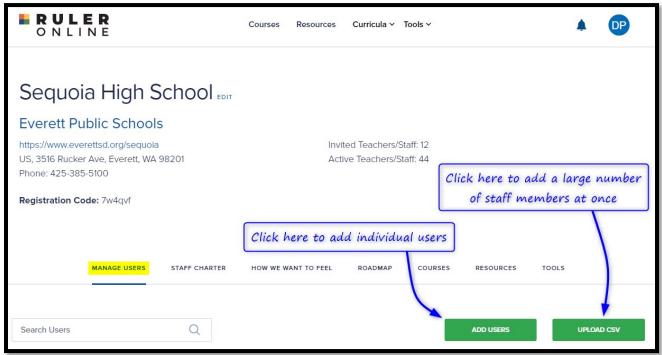
☆ Have a RULER Implementation Team Leader go to **ruler.online** 



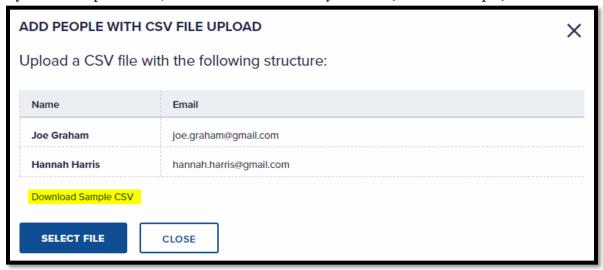
☆ Once logged in, click on "MANAGE USERS" to access your current staff roster.



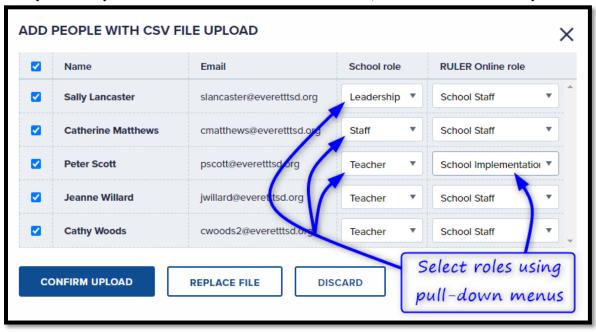
To add individual staff members, click "ADD USERS." To add a large number of staff at once, click "UPLOAD CSV."

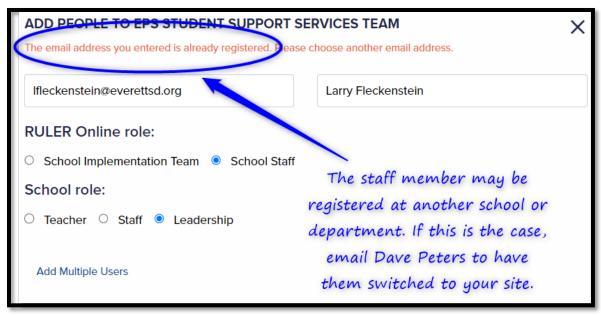


If you click "Upload CSV," this is the next window you'll see (with an example).

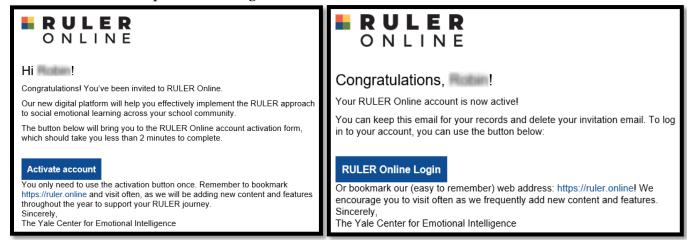


After you select your CSV file with staff names and emails, this is the next window you'll see.





Once you "confirm upload," each new staff member added will receive an email to activate their account and a follow-up email with log-in access.



#### **RULER Staff Training Modules**

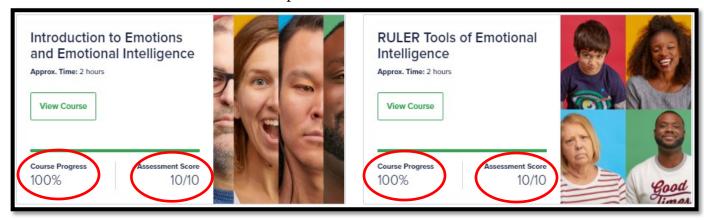
Two 2-hour training modules are accessible through each staff member's RULER dashboard at:

#### ruler.online

- Introduction to Emotions and Emotional Intelligence
- RULER Tools of Emotional Intelligence



Each of the courses has an estimated completion time of 2 hours and includes a self-assessment.



★ Staff must achieve 100% Course Progress and 10/10 for each assessment score.

- Introduction to Emotions and Emotional Intelligence (2 hrs)
  - o The Emotions Matter Minset (20 min)
  - o The Impact of Emotions (30 min)
  - o The RULER Skills (40 min)
  - o The RULER Approach (30 min)
  - o Course Assessment
- **RULER Tools of Emotional Intelligence** (2 hrs)
  - o The Charter: Building & Sustaining a Positive Emotional Climate (30 min)
  - o The Mood Meter: Building RULER Skills (30 min)
  - o Responding with One's Best Self Using the Meta-Moment (30 min)
  - o The Blueprint: Resolving Conflict with Empathy (30 min)
  - Course Assessment
- Upload the following staff to your school's RULER dashboard:

AdministratorsESA's

Teachers
Counselors
Paraeducators
Office Staff

### **RULER Clock Hours & Funding for School Staff**

- ★ Recommended that both training modules be completed by end of fall semester
  - o Non-admin cert staff will receive 4 paid clock hours
  - o All other staff will receive 4 **unpaid** clock hours
- \* Staff must achieve 100% Course Progress and 10/10 for each assessment score
- ★ UPDATE: **Timecards are NOT going to be used or accepted**. Once they're verified in the shared school spreadsheet, they will be **automatically processed** for the next month's payroll through Frontline according to the payroll cutoff dates.

Month	Completed Verification	Pay Date
September	9/27/2022	10/31/2022
October	10/27/2022	11/30/2022
November	11/28/2022	12/30/2022
December	12/14/2022	1/31/2023
January	1/27/2023	2/28/2023
February	2/24/2023	3/31/2023
March	3/28/2023	4/28/2023
April	4/27/2023	5/31/2023
May	5/26/2023	6/30/2023
June	6/28/2023	7/31/2023